Wellness Support Specialist

Position Summary: Provides a comprehensive array of community-based rehabilitation focused on skill building with a goal of maximizing independence. Provides services in a team approach, which include but not limited to intensive, rehabilitative community support, crisis intervention, group and individual psycho-education, and skill building for activities of daily living. Ensures that services and interventions are highly individualized and tailored to the needs and preferences of the individual. EOE.

Models and delivers health and wellness care and coaching for Agency clients. Strongly understands the importance of healthy nutrition and daily activity, as well as how it supports individuals with mental illness and addiction disorders towards their recovery. Coordinates and facilitates health services, groups, classes, and presentations in order to promote health and wellness among this population. Provides hands-on, intensive skill-building interventions and supports to clients to enrich and achieve an overall level of independence and well-being. Performs other duties as assigned.

Essential Job Functions:

- Establishes rapport and positive working relationships with clients while maintaining professional ethics and boundaries.
- Develops, implements, and monitors person-centered recovery-focused care plans with the clients.
- Enhances clients’ independent living skills by assessing and providing various modalities of teaching and assistance (e.g. modeling, prompting, hands-on assistance).
- Meets regularly with each client to review progress, mental health stability, upcoming appointments and activities, and discharge planning when appropriate.
- Assists the client in identifying potential barriers to achieving his/her aspirations and goals, and links the client to appropriate services to address these obstacles.
- Meets regularly with each client to review progress, mental health stability, upcoming appointments and activities, and discharge planning when appropriate. Encourages clients to learn to make self-directed and lasting changes, aligned with their values, to promote whole person health and wellness
- Conducts regular apartment/room inspections and assists the clients in maintaining the cleanliness of their living spaces, which may require hands-on assistance.

Qualifications:

- Bachelor’s degree preferred with a minimum of 3 years’ experience working in related behavioral health field with a concentration in providing health coaching. Associates degree or lived experience considered with a minimum of 5 years’ relevant experience.
- Certification in DARC, health, wellness, and/or fitness preferred.
- Demonstrates an understanding of the recovery process.
- Prior experience working with people with mental illness and substance use disorders is required.

David’s Path and Luna’s Path
Per Diem Shifts Available
Flexible Schedules

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