

## **David's Path**

- Supervised community living
- Access to staff 12-hours/day with 24/7 on-call emergency support
- Case management
- Integrated clinical services

## **Luna's Path**

- Crisis stabilization
- 24/7 clinical staff support
- Integrated clinical services
- Medication monitoring

**Many Paths**



**to Recovery**

## **Julian's Path**

- In-home services
- Case management
- Life & recovery coaching
- Clinically coordinated services



## **Tyler's Path**

- Congregate living
- Clinical staff support
- In-home case management
- Integrated outpatient treatment

# The Journey of Recovery



**We're  
Rebuilding  
Lives**

**Continuum Recovery Services** is a residential program that provides immediate and intensive clinical care for adults in need of a structured environment that fosters a **foundation for rebuilding a life in recovery.**

We are committed to building and strengthening relationships and matching appropriate services to meet an individual where they are.

## What We Provide

- ❖ Ability to live in the community – in a home environment – and obtain the care and support you need
- ❖ Evidence-based practices to address the whole person
- ❖ Integrated model of treatment and care that addresses mental illness and substance use disorders concurrently
- ❖ Compassion and understanding in meeting each individual and his or her family where they are with their illness, and customizing personal achievement plans to fit their needs
- ❖ Family engagement throughout the entire recovery process; communicating, educating, and helping them to learn, understand, and grow together



## Individual Pathways

**Continuum offers 4 levels of care.**

Clients can access treatment to any of these levels of care, and move throughout the levels as their needs change on their path to recovery.

### Luna's Path - Crisis stabilization

- \* Acute short-term residential care; alternative to ER visit or hospitalization
- \* Medication monitoring
- \* 24/7 individualized support with licensed therapists
- \* Integrated clinical services
- \* On-site therapeutic programming & groups
- \* Intensive case management
- \* Cost: \$675/day \*
- \* Length of stay: 15-30 days

### David's Path - Supervised community living

- \* Access to staff 12-hours/day with 24/7 on-call emergency support
- \* On-site clinical & professional support & groups
- \* Connection to family & community
- \* Medication observation
- \* Case management
- \* Integrated clinical services
- \* Cost: \$180/day or \$5,400/30 days\*\*
- \* Length of stay: Depends on need

## Who We Help

We treat individuals who are challenged with various mental illnesses and substance use, such as:

- Anxiety Disorders
- Mood Disorders (Major Depression, Bipolar Disorder, Suicidal Ideation, etc.)
- Thought Disorders (Schizophrenia, Schizoaffective Disorder)
- Post Traumatic Stress Disorders

### Tyler's Path - Congregate living

- \* Building connections
- \* Case management
- \* Continued support & services from clinical staff
- \* Wraparound services & integrated outpatient treatment
- \* Life coaching
- \* Cost: Varies, around \$1,000/month\*\*
- \* Length of stay: Depends on needs

### Julian's Path - At-home services

- \* Professional services brought to client's home (must live locally)
- \* At-home supports: case management, life & recovery coaching
- \* Clinically coordinated services
- \* Wraparound services
- \* Staff & peer support
- \* Cost: Clinical services are billed as OP to the insurance or family, depending on coverage

\* Luna's path may be fully or partially reimbursable by insurance. We are in network with BCBS, and can take OON benefits or negotiate SCA with most insurances

\*\* Only clinical services at David's and Tyler's paths may be reimbursable by insurance, depending on coverage